

Integrity Aesthetics MD

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COMMON SIDE EFFECTS

MENSTRUAL IRREGULARITIES with premature or delayed onset of monthly menstruation is a common side effect of any significant surgery.

FLUSHING of the face, neck, and upper chest may occur after liposuction surgery and usually lasts for a day or two.

SLIGHT TEMPERATURE ELEVATION during the first **48 hours** after surgery is a natural consequence of the body's reaction to surgical trauma.

DISCOMFORT AND SORENESS can be worse by the second day after surgery, then improving daily. Take extra strength Tylenol every 4 hours while awake for the first 48 hours. This will reduce the inflammation, swelling, and soreness associated with surgery. Do not take aspirin, ibuprofen or medications containing these drugs for 3 days after surgery as they can promote bleeding.

BRUISING is minimal with tumescent liposuction. Nevertheless the more extensive the liposuction surgery the more bruising one can expect.

PAIN AND SWELLING due to inflammatory reaction to surgical trauma may occur and increase 5 to 10 days after surgery. This can be treated with antibiotics and anti-inflammatory drugs.

PLEASE DO NOT HESITATE TO CALL DR SHORTZ OR STAFF AFTER SURGERY IF YOU HAVE ANY QUESTIONS OR CONCERNS. WE WANT TO FACILITATE YOUR HEALING PROCESS AND ARE HERE TO HELP YOU.

I have read over all of the above and discussed the pre-operative and post-operative instructions in detail at my pre-operative consultation. I have had the opportunity to ask questions and I agree to follow the pre and post operative instructions as closely as possible.

Name of Patient: _____

Signature of Patient: _____

Witness: _____