

Integrity Aesthetics MD

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INFORMATION ABOUT PRESCRIPTIONS AND MEDICATIONS

1. DO NOT TAKE ASPIRIN (Anacin or Bufferin) or IBUPROFEN (Advil, Motrin or Nuprin), or NAPROXEN (Aleve), or any medications that contain these drugs or any similar Anti-Inflammatory medications for 2 weeks before and 3 days after surgery. These drugs will promote bleeding and bruising.

Check the labels of all your medications, even those which you purchase without a doctor's prescription to be sure that you are not taking any aspirin or aspirin like substances. Consult your physician before you stop taking any prescribed medications to treat arthritis or any blood thinning anti-coagulant medications.

Advil	Brufen	Easprin	Motrin	Trental
Alcohol	Cephalagesic	Ecotrin	Naflon	Trigesic
Alka Seltzer	Cheracol	Eppirin	Naprosyn	Trilisate
Anacin	Childs Aspirin	Empirazil	Norgesic	Vanquish
Anaprox	Clinoril	Exedrin	Nuprin	Voltarin
Anaproxin	Congresprin	Feldene	Percodan	Warfarin
APC	Cope	Fiorinal	Phenaphen	Zactrin
5 A.S.A	Coricidin	Ibuprofen	Quagesic	Zorpin
Ascodeen	Coumadin	Indocin	Robasissal	4 Way Cold Tabs
Ascriptin	Darvon	Indomethacin	Rufin	
Aspirind	Darvon ASA	Meclomen	Sine Off	
Bufferin	Dolobid	Medipren	Sine Aid	
	Dristan	Midol	Trandate	

2. **Do not take decongestant medication containing pseudoephedrine.** (Sudafed or Actifed)
3. **Do not take thyroid hormone or synthroid** on the day of surgery as they can cause the heart to beat too rapidly.
4. **Appetite Suppressant Drugs Fenfluramine and Phentermine** should not be taken for at least one week prior to surgery. Fenfluramine and Phentermine should not be stopped abruptly to avoid side effects such as depression. It is better to begin decreasing the dose gradually two weeks before surgery. The following medications also fall into the class of appetite suppression drugs and should be stopped: Mazindol (Mazanor, Sanarex), Dexfenfluramine (Redux), and Dextroamphetamine (Dexedrine) and all over the counter diet aids.
5. **Maintaining a normal healthy diet for at least two weeks before surgery is important** for safe surgery and good healing. Aggressive weight loss diets should be discontinued at least two weeks before surgery.